

ATTENTION: BLACK GOLD STUDENTS



Sept 20, Oct 11, Nov 1, Dec 2, Jan 29, Mar 10, Apr 22 & May 16

> Learn some flag football skills & have fun!

- flag pulling
- handoffs
- passing
- catching
- route running
- agility moves
- \*No experience necessary
- \*Bring your running shoes, water bottle, t-shirt, shorts and lunch.

**BOYS & GIRLS** 

**U7-11** 

\$125/PD day

8:30 AM- 3:00 PM

U12-15

\$80/PD day

12:00 - 3:00 PM

## VISIT OUR WEBSITE TO REGISTER



www.airstrikeacademy.ca



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TURF TRAINING CENTRE 1030 34 Ave, Nisku

PAYMENT IS DUE
WITH REGISTRATION.
REGISTRATION
CLOSES TWO WEEKS
PRIOR TO CAMP