

THE STOPLIGHT APPROACH

FREE 4-WEEK PARENTING PROGRAM

March 3,10,17 & 24 from 6 - 7:30 p.m.

Beaumont Sport and Recreation Centre

THE STOPLIGHT APPROACH
FOR PARENTS

What Colour is Your Home?

UPDATED & REVISED



- **The Stoplight Approach is an approach to parenting designed to enhance the whole family's emotional health and wellness by simplifying complex brain science into a common language, aiming to transform relationships and build emotional intelligence in families, schools, and communities.**

If you are struggling with your child's big baffling behaviours or feeling disconnected come be empowered to turn your home from chaos to connection.

**Email FCSS@beaumont.ab.ca
to register.**

