



**Family**  
Counselling Centres

# Supporting Children with Attention Challenges

***Do you have a child who struggles with paying attention in school, staying focused or sitting still? Do you find your self becoming frustrated, raising your voice, or feeling overwhelmed by your child's energy? Perhaps your child has been diagnosed with ADHD/ADD or you suspect they may have this disorder?***

At this workshop the psychological and physiological roots of attention challenges will be discussed in order to assist parents and professionals in developing an understanding of your child's struggles. The workshop will also address the question as to, why attention challenges are on the rise in our children, what to do to help children better manage these struggles, and how our parenting approach can be adjusted to ease the struggle at home.

**PRESENTED BY:** Danyelle Lynch, M.C., Registered Provisional Psychologist

*Receipts can be provided for reimbursement under "psychological services" for health insurance. Subsidized tickets are available for low-income families.*

*Please contact [info@familycounsellingcentres.com](mailto:info@familycounsellingcentres.com) or 780-612-8577 ext 1 for more information.*

**April 1, 2017**

**Leduc Civic Center**

**Time: 9:00-12:00pm**

**Cost: \$40**