

# Positive Discipline for Everyday Parenting

Increasingly, parents are being advised to use positive discipline, but parents often ask, “what is positive discipline and how do I do it?”

Parents will have an opportunity to learn short-term and long-term goals, create a positive home climate, understand how children think and feel, problem solve in challenging situations and learn how to apply the same principles a cross a wide range of situations.

**Dates:** Mondays, Jan. 16 to Feb. 13 and Feb. 27  
**Time:** 6 to 8 p.m.  
**Location:** Beaumont FCSS Office  
5817—Rue Eaglemount  
*Limited childminding is available*  
**Register:** Call 780-979-2386 or email  
[lrplc@leduc-county.com](mailto:lrplc@leduc-county.com)



*“We are apt to forget that children watch examples better than they listen to preaching.”*

– Roy L. Smith

